CAMBIA HEALTH FOUNDATION 2022–2026 STRATEGY

Advancing Equity through Whole Person Health

We believe that health is personal, multidimensional and interconnected, so health care should be too.

**Resilient Children and Families**
We invest in behavioral health access for young children and their caregivers. By focusing on early intervention, we build resilience and improve health outcomes.

**Healthy and Connected Aging**
We focus on solutions that reduce isolation and loneliness among older adults by strengthening social connectivity, care coordination, and behavioral health access within whole person health models.

**Health Care Workforce**
We support expanding, diversifying, and training the workforce to reduce behavioral health provider shortages in our region. By strengthening the paid and unpaid workforce we enable wellness and prevention, reduce stigma and increase collaborative care models.

We advance equity by investing in programs that expand access to behavioral health in underserved communities.

**Dimensions of Health**
- Physical
- Social
- Behavioral

**Social Drivers of Health**
- Housing
- Food
- Education
- Environment
- Freedom from Trauma & Racism
- Economic Stability
- Transportation
- Healthcare Access
- Social & Spiritual Connections

**Underserved Communities**
We use data to understand the needs of underserved communities in our four-state region.

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