# **Advancing Equity through Whole Person Health**



# Resilient Children and Families

We invest in behavioral health access for young children and their caregivers. By focusing on early intervention, we build resilience and improve health outcomes.



# Healthy and Connected Aging

We focus on solutions that reduce isolation and loneliness among older adults by strengthening social connectivity, care coordination, and behavioral health access within whole person health models.



### Health Care Workforce

We support expanding, diversifying, and training the workforce to reduce behavioral health provider shortages in our region. By strengthening the paid and unpaid workforce we enable wellness and prevention, reduce stigma and increase collaborative care models.

We believe that health is personal, multidimensional and interconnected, so health care should be too.

Physical

Behavioral

Physical

Social

Healthcare Access

Freedom from Trauma & Racism

Environment

Economic Stability

Transportation

Social

A Spiritual Connections

ORIVERS OF HEALTH

We advance equity by investing in programs that expand access to behavioral health in underserved communities.

## Awareness & Engagement

Share stories, research, and data to engage internal and external audiences in our work.

#### 4

CAMBIA HEALTH

#### Responsible Stewardship

Ensure our resources are spent responsibly and in alignment with our strategy.

#### **High Social Determinants**

OREGON

WASHINGTON

of Health Stress

#### Behavioral Health Deserts

Primary Care Deserts

#### High Poverty

McKinsey Center for Societal Benefit through Healthcare:

#### **Underserved Communities**

IDAHO

We use data to understand the needs of underserved communities in our four-state region.

### Convening & Thought Leadership

Seek opportunities for collective action among like-minded partners and develop thought leadership to advance our field.

#### Grantmaking

Fund grants that directly benefit community through strategically aligned partners.

#### COMMUNITY

# What We Do

Cambia Health Foundation connects the philanthropic dollars of Cambia Health Solutions to our communities through partners.

